Prospectus of

MSc & MPH Programmes

**ENTRANCE EXAMINATION 2019**

For Nepalese & International Candidates

B. P. Koirala Institute of Health Sciences
Dharan, Nepal
Contact us
The Entrance Examination Committee
B. P. Koirala Institute of Health Sciences, Dharan, Nepal

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E-mail: office.academics@bpkihs.edu

Note:
1. Please read the prospectus and instructions carefully before filling the forms. Examination fees once paid will not be refunded.
2. If the photograph and signature uploaded along with the online application is not of the specified size and format, the form will be rejected.
3. Admission will be made purely based on merit of Entrance Examination and Counseling. We do not have any management quota.
4. It is mandatory for shortlisted candidates to appear in the counseling for final selection.
5. We have no agents/middlemen inside and outside the Institute for securing seats. Beware of persons claiming to provide seats by any means, whatsoever.
What attracts students and faculties at BPKIHS?

BPKIHS Academics
- BPKIHS is a leading Health Sciences University of Nepal. It is known around the globe by virtue of its innovative curricula. Every year BPKIHS gets substantial number of candidates to enroll in its academic programs.
- Its educational philosophy was conceptualized by eminent medical educationists from Nepal, India & various international communities including WHO.

International and National Perspectives of BPKIHS
- There are substantial number of Indian students studying in the institute. Indian nationals do not require any visa to enter Nepal.
- BPKIHS is an international university in a true sense. Students from the Netherlands, Australia, Belgium, Switzerland, Norway, Germany, USA, Canada and other countries visit the institute regularly for their electives and clerkship.

BPKIHS curricula are the most innovative in this region of the globe.
- The BPKIHS curricula provide optimum exposure from primary to tertiary health care system services and the training prepares them to work efficiently both within and outside the country, in urban and rural areas, and in tropical and subtropical region.
- Training/learning is partially interdisciplinary involving students of Medical, Dental, Nursing and other allied health sciences.

Research Perspective
- BPKIHS is a leading scientific institute in Nepal.
- Amongst the other medical institutes of Nepal, the faculty members at BPKIHS publish maximum number of scientific articles in national and international reputed periodicals and journals. It has made BPKIHS well known worldwide in the field of biomedical and educational research.
- BPKIHS has its own scientific journal ‘Journal of B. P. Koirala Institute of Health Sciences’ (JBPKIHS).
Geographic Location, Climate, Weather and Environment

- BPKIHS is situated in Dharan - one of the cleanest cities of Nepal, an environment-friendly city surrounded by greenery. It has electricity supply round the clock even during the load-shedding hours. In addition, there are hill stations situated at half-an-hour to three-hour drive for recreation. Dharan enjoys comfortable weather round the year, which is its most unique and enjoyable feature in this region.

BPKIHS graduates

- The graduates of BPKIHS are welcomed worldwide. A substantial number of MBBS and BDS graduates go to pursue higher level training in the USA, UK, Australia and Canada. Our graduates perform well in Postgraduate Entrance Exams in Nepal, India and abroad. They are well known around the globe for their quality health service and education.
- BPKIHS graduates get attractive placements in emerging health/medical institute of Nepal and across the globe.

Social accountability

- It has also adopted the principle of “Social Accountability” in general.

Facilities within the campus

- The campus has sufficient playgrounds (for football, cricket, basketball, golf course, tennis court, badminton etc.).
- There are shops, canteens, post office, restaurants, banks and ATMs within the BPKIHS premises.

Please note

- Please read this prospectus carefully before submission of application.
- Once admitted to any of the Post Graduate (PG) courses, please keep this prospectus till you complete your course.
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1. INTRODUCTION

B.P. Koirala Institute of Health Sciences (BPKIHS) was established on January 18, 1993 and subsequently upgraded to an autonomous Health Sciences University on October 28, 1998 with a mandate to work towards developing socially responsible and competent health workforce, providing health care and engaging in health research. The Institute is located in eastern Nepal and it has extended its continued health services through teaching district concept to Primary Health Care Centers, District Hospitals and Zonal Hospitals in eight districts of the region. This University is aptly named after Bishweshwar Prasad Koirala, Nepal's visionary leader in social uplifting and a firm believer of national integration.

This Institute is envisaged as one of the most successful examples of Nepal-India co-operation. The Health Ministers of the two countries signed the Indo-Nepal agreement for collaborative development of BPKIHS on the Hindu auspicious day of Mahashivaratri (March 10, 1994).

BPKIHS has a vision of a self-governing, self-reliant international Health Sciences University aiming at attracting students and teachers from all over the world to its constantly innovative educational programs. BPKIHS has also been envisioned by the Nepalese Parliament as a center of national importance to produce skilled manpower in health sector to meet the country's needs and also to function as a center of excellence in the field of tropical and infectious diseases.

BPKIHS has subspecialty, postgraduate and undergraduate programs. It has four colleges: Medical, Dental, Nursing and Public Health. Its Central Teaching Hospital has 763 beds and well established major clinical and basic sciences departments.

The MBBS program of BPKIHS started in 1994, is recognized by Medical Council of Nepal, India and Sri-Lanka. It is listed in the World Directory of Medical Schools published by the WHO.

The Institute started BDS program in 1999, which is recognized by the Nepal Medical Council. The duration of both BDS and MBBS Program is 4½ years followed by a year of Compulsory Community Oriented Residential Rotating Internship, which is mandatory and to be completed successfully at BPKIHS and its Teaching District Hospitals. This feature is new and unique in this part of the world.
Postgraduate programs (MD/MS and MSc) were started in 1999. All the MD/MS, MSc and MPH degree are recognized by respective councils of Nepal and several MD/MS degrees (Anesthesiology, Dermatology and Venereology, Orthopedics, Pediatrics, Surgery, Radiology, Psychiatry, Otorhinolaryngology, Medicine, Pharmacology and Gynaecology & Obstetrics) are recognized by Medical Council of India (MCI) as well. MSc in basic sciences are available in Human Anatomy, Human Physiology, Medical Biochemistry and Medical Microbiology.

BSc Nursing program was started in 1996. This program is well recognized within and outside the country. All the nursing degrees are recognized by Nepal Nursing Council. There are separate college complexes for both BDS and Nursing programs in the BPKIHS campus.

The School of Public Health was established in 2005 and it is running a two-year MPH program. The MSc Nursing Program is running in Community Health Nursing, Psychiatry Nursing, Maternal Health Nursing, Child Health Nursing and Medical Surgical Nursing.

MDS Program has been running since 2011 in Conservative Dentistry & Endodontics, Periodontology & Oral Implantology, Pedodontics & Preventive Dentistry and Prosthodontics. From 2014, MDS program has been started in Oral Medicine & Radiology, Public Health Dentistry, Oral Pathology and Orthodontics.

The allied health sciences course running at present is BSc MIT. In addition, BPKIHS organizes short-term academic programs/refresher courses for national and international students, doctors and faculty members. Continuing medical education on various aspects of health is a culture of BPKIHS.

PhD in different disciplines have been started from 2011. In the year 2013, the Institute started several new courses/programs as follows:

A. DM/MCh courses have been started in the following subjects:
   - DM Cardiology
   - DM Gastroenterology and Hepatology
   - DM Pulmonary, Critical care and Sleep Medicine
   - DM Neonatology
   - MCh Urology
   - MCh GI Surgery

B. Fellowship in Emergency Medicine (FEM)
C. MD in Hospital Administration (MDHA)
This University, aiming as a center of excellence in patient care, teaching, and research in health sector follows an integrated and holistic approach in academics and services.

Situated in Dharan at the foothills having an area of about 700 acres, the University has a clean pollution free environment, and water and electricity supply round the clock. The institute is committed to its social responsibility and accountability. Candidates from disadvantaged groups are given opportunities for admission in most of the academic programs.

The Institute has innovative approaches of community-based training of students and providing services to the local people through the concept of Teaching District Hospitals (learning by doing at community level). Accordingly, students of various programs visit and/or are posted to the health institutions under faculty/specialist supervision where on one hand they get opportunity to learn in the community set-up; and on the other hand, the local health institutions get regular qualified health workforce to provide the quality services by a BPKIHS team of faculty/specialist and interns.

2. VISION, MISSION AND GOALS OF BPKIHS

Vision

BPKIHS has been visualized as

- A self-governing, self-reliant International Health Sciences University attracting students and teachers from all over the world to its constantly innovative educational programs.
- A national center for providing quality health services from tertiary to primary, and developing replicable and sustainable models of integrated health systems sensitive to the needs of both the individuals and the community living in urban as well as rural areas.
- A prestigious center for biomedical and health system research, and as a center of excellence for tropical and infectious diseases.
- A complete health development project through its teaching districts, which will catalyze an environment-friendly human development initiative resulting in enhancement in the quality of life of the people of Nepal and those working in BPKIHS to ensure a high level of commitment to excellence and dedication to service.
Mission

The main mission of BPKIHS is to improve the health status of the people of Nepal by providing holistic health care through training of compassionate, caring, communicative and socially accountable health workforce acting as agents of change and through advancement in research and innovation in service as well as education to ensure healthy individuals and families by collaborating with all stakeholders.

Goals

Educational Goals

In terms of achieving the educational goals of the Institute, both the present curricula and future educational programmes are to be need-based, integrated, community-oriented and partially problem-solving in line with innovative medical education programmes epitomized in the Edinburgh Declaration of 1988. These are the basic tenets on which BPKIHS curricula are based.

In the area of service delivery, this Institute is committed to provide services not only to those coming to its teaching hospital but also to those who are not able to do so. The Institute does this by reaching out to the community that cannot reach the Institute. It is not only reaching out to the sick in the community but is committed to the active promotion of positive health and through it, improvement in the status of the community health that will serve as a measure of attainment of our service goals. The faculty at BPKIHS is expected to monitor health indicators such as Infant mortality rate, crude birth rate, crude death rate, blindness, deafness and disability rates etc. on an ongoing basis much in the same way as we monitor our individual patients in terms of established clinical parameters.

Research goals

In the field of research, high priority is accorded to the areas requiring greater attention to solve the existing and emerging health problems threatening the well-being of large population groups using multi-disciplinary, integrated and problem-solving approach. Greater emphasis is placed on research which will lead to application of available knowledge for the benefit of large number of people.
### 3. SEATS AVAILABLE

#### a. MSc – Basic Sciences

<table>
<thead>
<tr>
<th>S. N.</th>
<th>Disciplines/Subjects</th>
<th>Available Seats</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Open (Heavily Subsidized Tuition Fee)</td>
</tr>
<tr>
<td>1</td>
<td>Human Anatomy</td>
<td>2</td>
</tr>
<tr>
<td>2</td>
<td>Human Physiology</td>
<td>2</td>
</tr>
<tr>
<td>3</td>
<td>Medical Biochemistry</td>
<td>3</td>
</tr>
<tr>
<td>4</td>
<td>Medical Microbiology</td>
<td>1</td>
</tr>
<tr>
<td>Total</td>
<td></td>
<td>8</td>
</tr>
</tbody>
</table>

#### b. MSc – Nursing

<table>
<thead>
<tr>
<th>S. N.</th>
<th>Disciplines/Subjects</th>
<th>Available Seats</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Open (Heavily Subsidized Tuition Fee)</td>
</tr>
<tr>
<td>1</td>
<td>Community Health Nursing</td>
<td>2</td>
</tr>
<tr>
<td>2</td>
<td>Maternal Health Nursing</td>
<td>2</td>
</tr>
<tr>
<td>3</td>
<td>Child Health Nursing</td>
<td>2</td>
</tr>
<tr>
<td>4</td>
<td>Medical – Surgical Nursing</td>
<td>2</td>
</tr>
<tr>
<td>5</td>
<td>Psychiatric Nursing</td>
<td>2</td>
</tr>
<tr>
<td>Total</td>
<td></td>
<td>10</td>
</tr>
</tbody>
</table>

**Note:**
Candidates are eligible to opt for Open and High Tuition Fee Scheme (HTFS) (Multiple options permitted). However, selection will be based on merit, counseling & availability of seats.

#### c. MPH

<table>
<thead>
<tr>
<th>S. No.</th>
<th>Categories of Seats</th>
<th>Available Seats</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Open (Heavily Subsidized Tuition Fee) For Nepalese only</td>
<td>4</td>
</tr>
<tr>
<td>2</td>
<td>Partially Subsidized Tuition Fee Scheme (PSTFS) For Nepalese and foreign nationals</td>
<td>4</td>
</tr>
<tr>
<td>3</td>
<td>High Tuition Fee Scheme (HTFS) For Nepalese and foreign nationals</td>
<td>7</td>
</tr>
<tr>
<td>Total</td>
<td></td>
<td>15</td>
</tr>
</tbody>
</table>

**Note:**
Candidates are eligible to opt for Open, Partially Subsidized Tuition Fee Scheme (PSTFS) and High Tuition Fee Scheme (HTFS) (Multiple options permitted). However, selection will be based on merit, counseling & availability of seats.
4. **ELIGIBILITY CRITERIA**

All candidates having age less than 35 years by the last date of submission of application are eligible to apply. However, age limit for candidates working in the relevant field is up to 45 years.

4.1 **MSc Human Anatomy**

Any candidate who has passed MBBS/BDS/BSc Human Anatomy or a three-year course in BSc in Human Biology or Zoology or Bachelor in Veterinary Sciences, BSc Nursing, BSc MIT, BSc MLT from College/Institute recognized by BPKIHS, (registered in concerned council, if applicable).

4.2 **MSc Medical Biochemistry**

Any candidate who has passed MBBS/BDS/BSc in life Science with Chemistry as a separate subject, Bachelor in Medical Laboratory Technology (BSc MLT), BSc Chemistry, BSc Biochemistry, BSc Nursing, BSc Human Biology from College/Institution recognized by BPKIHS.

4.3 **MSc Medical Microbiology**:

Any candidate who has passed MBBS/BDS/BSc in life Science with Chemistry as a separate subject, Bachelor in Medical Laboratory Technology (BSc MLT), BSc Chemistry, BSc Microbiology, BSc Veterinary from College/Institution recognized by BPKIHS, (registered in concerned council, if applicable).

4.4 **MSc Human Physiology**:

Any candidate who has passed MBBS/BDS/Bachelor in Ayurvedic (and Modern) Medicine and Surgery (BAMMS/BAMS), Bachelor in Naturopathy and Yogic sciences (BNYS), BSc Nursing, BSc in Human Biology or Human Physiology, BSc Veterinary Sciences, BSc Biology, BSc Zoology, Bachelor in Medical Laboratory Technology (BSc MLT), Bachelor in Medical Imaging Technology (BMIT), BSc Microbiology, Bachelor in Physiotherapy (BPT), Bachelor of Homoeopathic Medicine and Surgery (BHMS) from College/Institution recognized by BPKIHS (and registered in concerned council, if applicable), after ISc /10+2 in Science and minimum of 3 years of Bachelor degree.

4.5 **MSc Nursing Program**:

Any candidate who has passed BSc Nursing or Bachelor of Nursing (BN) program from any Institution recognized by BPKIHS, with two years of work experience after the graduation (by the last date of submission of application) and registered with the Nepal Nursing Council and age not exceeding 35 years by the last date of submission of application is
eligible to apply. However, age limit for candidates working in the relevant field is up to 45 years.

4.6 Master in Public Health (MPH) Program:
Candidates with
a) Bachelor degree in any health related sciences from recognized university (e.g. Medicine, Dentistry, Nursing, Public Health, Biological Sciences, Nutrition, Pharmacy, Laboratory, Physiotherapy, Ayurveda and Optometry) with one year work experience.
OR
b) 4 years bachelor degree or 16-years of education in any social or management sciences from recognized university (e.g. Sociology, Population Studies, Management, Economics, Psychology, Anthropology and Social Work) with two year work experience.

Note:
• Work experience in recognized public or private health or developmental organization or in teaching institutes/universities related to health sciences is mandatory.
• Work experience is not mandatory for Medicine, Dentistry and Public Health graduates.

5. HOW TO APPLY
1. Candidate must submit his/her application online ONLY. There is no provision for manual submission of application. Please read the prospectus carefully before proceeding to apply.

Procedure for Online Application
• Instructions to submit online application is available on the institute’s website: bpkhs.edu, entrance.bpkhs.edu Follow the link provided on home page. Please read the instructions carefully before filling the online application forms.
• Scanned copies of all the original certificates/documents (as mentioned in Page. No. 9 Serial No. 5), recent color photo & signature must be uploaded along with the application as and where necessary. The full signature of the selected candidate will be verified at the time of entrance examination and admission. A photograph and digital thumbprint of the candidate will be taken during the entrance
examination for verification of his/her identity and for keeping institutional record.

- **Examination Fees:** NPR 5,000/-
- Submission period for application is from 7th May to 5th June 2019. However, forms can be submitted with a late processing extra fee of NPR 2,000/- from 6th June to 12th June 2019.
- Once the form has been submitted, it will be scrutinized and the status of the application will be intimated after 7 days.
- Candidates must bring and deposit the original bank voucher/SWIFT transfer receipt at the time of Entrance Examination.
- Admit card will be electronically issued/can be downloaded after 23rd June 2019 following verification of the uploaded certificates/bank voucher/SWIFT transfer and the application form.

2. The mode of payment for applying for the Entrance Examination is as follows
   
i. The fee should be deposited in favor of “B. P. Koirala Institute of Health Sciences, Dharan” by Bank Voucher.
   
   OR

   A SWIFT transfer should be made in favor of “B. P. Koirala Institute of Health Sciences, Dharan” in any one of the banks mentioned below.

   ii. The Name and Registration ID of the candidate should be clearly mentioned in the Bank Voucher or SWIFT transfer document. **Drafts will not be accepted.**

   iii. The fees can be deposited at any of the following banks.

<table>
<thead>
<tr>
<th>SN</th>
<th>Name of the Bank</th>
<th>A/C No.</th>
<th>SWIFT Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Standard Chartered Bank Nepal, Biratnagar</td>
<td>01-0256021-38</td>
<td>SCBLNPKA</td>
</tr>
<tr>
<td>2</td>
<td>NIC Asia Bank Limited, Dharan</td>
<td>2303014805524004</td>
<td>NICENPKA</td>
</tr>
<tr>
<td>3</td>
<td>Nepal SBI Bank Limited, Dharan</td>
<td>19035240100023</td>
<td>NSBINPKA</td>
</tr>
</tbody>
</table>

   **Note:** Amount deposited in accounts other than above will not be valid.

3. Please go through the prospectus carefully before completing the forms.
4. Enter date of birth according to the Gregorian Calendar (A.D.).
5. **Documents to be uploaded for completion of application form:**

   Scanned copies of each of the following original documents (scanned copies of photocopies will not be accepted):
   
   a. Certificates and marks sheets/transcript of Masters degree or MBBS/BDS/Bachelors Degree (whichever is applicable)
   
   b. For medical graduates, irrespective of nationality, it is mandatory to submit his/her registration with the medical council/accreditation body of their respective country.
   
   c. Any candidate who has been working in hospitals under Ministry of Health must submit 'No Objection Letter' from the Ministry of Health, Ramshahpath, Kathmandu at the time of application. Likewise, candidates working in other Public Institutions should also submit "No Objection Letter" from their parent institutions. No other letters will be entertained.
   
   d. Document of sponsorship for the sponsored candidate (if applicable).
   
   e. Citizenship (both sides) for Nepalese candidates and Voter ID, Passport, Domicile Certificate for international candidates.
   
   f. Bank voucher/SWIFT transfer receipt.

   **Note:** Applications will be rejected if scanned copies of photocopies are uploaded.

6. **Instructions for Photograph:**

   i) One recent passport size colored photograph, taken from 7th May 2019 onwards, with light background is required.

   ii) Black & white / Polaroid photographs are NOT acceptable.

   iii) The photograph should be taken showing both the hands holding an A4 size placard with name of candidate and date of photograph taken printed on it. In case name and date are printed on the photograph after taking it, the application will be rejected.

   iv) The name and date on the photograph should be legible.
NOTE: Candidate must upload photograph, signature and other required documents. Do not make any mistake while uploading these documents. The scanned copy of photograph, signature and other required documents should be in JPEG or JPG file format.

Candidate must have soft copy/digital copy of passport size photograph and save it as "Photograph Name". The size of the photograph must be between 200 to 500 KB.

a. Photograph must show the face, both ears and hand clearly.
b. Photograph should not have cap, goggles/spectacles.
c. Originality of the photograph should not be altered.
d. Any application received with photograph submitted other than above will be rejected.

7. Instructions for Signature

a. Draw a rectangle of 2”x 1” on a blank white paper.
b. Put your signature with a black pen almost filling the rectangle.
c. Scan that paper, crop the signature area and save it as your name.
d. The size of the signature must be between 100 to 200 KB.
8. Incomplete application forms will NOT be accepted. Application with all required enclosures must be submitted within the stipulated date and time.

9. **No recommendations except the above-mentioned documents** should be submitted with the application form. All entries and signature of the applicant should be made in proper places.

10. In case any document/certificate required to be submitted along with the application form is not uploaded, the application will be summarily rejected.

11. In all disputes pertaining to the conducting of the examination, selection and admission and/or any relevant issues, the decision of the Entrance Examination Committee, B. P. Koirala Institute of Health Sciences shall be final.

**Important:**

1. In case any candidate is found to have furnished false information or certificate or withheld or concealed information, he/she shall be debarred from examination or getting admission and action will be taken against him/her as deemed fit.
2. Any attempt on the part of the candidate to influence the process of admission directly or indirectly will be treated as a disqualification.
3. Admission of the candidates to the Entrance Examination is provisional, subject to their being found otherwise eligible for admission to the course concerned.

### 6. SELECTION PROCESS

**a. Entrance Examination**

For MPH

*Entrance Examination: on 27th June 2019 at 9:30 am*
*Venue: B. P. Koirala Institute of Health Sciences, Dharan.*

For MSc

*Entrance Examination: on 27th June 2019 at 2:30 pm*
*Venue: B. P. Koirala Institute of Health Sciences, Dharan.*
Structure of the Examination

MSc candidate
The Entrance Examination will be of 3 hours duration and will have one paper consisting of **200 single best responses multiple choice questions carrying 200 marks** covering the subjects as given below. The question paper will have two parts; Part I having a weight of approximately 40% & Part II having a weight of approximately 60%. A master merit list of all candidates who appeared in the entrance examination and scored at least **50% marks (cut-off mark)** will be drawn. **There is no negative marking.**

Part - I Contents

*For all MSc Programmes*
Information Sciences, Essentials of Biostatistics and Basic Research Methodology, Applied Sciences, General Knowledge and English.

Part - II Contents

*For MSc in Anatomy/Biochemistry/Microbiology/Physiology*
Applied Human Anatomy, Biochemistry, Microbiology and Physiology (Approx. equal proportion from each of these disciplines).

MSc Nursing

Part - I
Information Sciences, Essentials of Biostatistics and Basic Research Methodology, Applied Sciences, Educational Science, Management, General Knowledge and English.

Part - II
Basic Nursing Problems and Concepts.

MPH

The Entrance examination will be of 3 hours duration with **200 single best response multiple choice questions carrying 200 marks**. A master merit list of all candidates who appeared in the entrance examination and scored at least **50% marks (cut-off mark)** will be drawn. **There is no negative marking.** The Entrance Examination is common for both Nepalese and International candidates. The subjects from where the questions will be asked are:
Health Related  
Research Methodology  
English  
General Knowledge & Aptitude on Public Health

Total

In case of tie
In case of tie in MSc candidates, the candidate who has scored higher marks in the Bachelor level examination will be given higher position in the merit list. In MPH program, the candidate who has scored higher marks in the health related section of the entrance examination will be given higher position in the merit list. If there is 2nd tie between two or more candidates for the last place for counseling by virtue of the candidate having same marks in the Entrance Examination, the candidate older in age will be given higher position in the merit list.

Electronic devices (such as calculator, digital watch, mobile phone, log tables etc.) and pen, ball pen, pencil, eraser, sharpener, wallet etc. will not be allowed in the examination hall. For writing on the answer sheet, ball pen will be provided in the examination hall. The examination center will not look after the personal belongings (mobile phones, bags etc.) of the candidates and they have to make their own arrangement for their safe custody.

Wearing full sleeved shirts is not allowed on the day of entrance examination.

Counseling

In the context of Entrance Examinations, counseling is the process of selecting the subjects and confirming the seats and categories by the candidates themselves on the basis of the merit list drawn from the Entrance Examination. At the time of counseling, the candidates must be physically present and have Entrance Examination Admit Card with them.

• MSc and MPH Counseling
  ➢ MSc Basic Science (Human Anatomy, Medical Biochemistry, Medical Microbiology and Human Physiology) candidates, MSc Nursing and MPH
candidates who appeared in the entrance examination shall be called for the counseling in order of merit.

- Candidate called for counseling should report to the BPKIHS Dharan at on 3\textsuperscript{rd} July 2019 at 10:00 am along with the original certificates/documents.

1. Candidates will be called for counseling on the basis of merit.
2. Candidates of MSc on top of the merit list will be given \textit{first preference to choose a discipline and tuition fee scheme} available in MSc and MSc Nursing program at the time of counseling.
3. Candidates of MPH on top of the merit list will be given \textit{first preference to choose the tuition fee scheme}.
4. Candidate who gives \textit{written confirmation of subject and tuition fee scheme for admission} must deposit their \textit{required original certificates} at the time of counseling. If they want to withdraw the certificates to cancel the admission process, certificates will be returned only after the session starts after paying a \textit{penalty as per institute rules}.

\textbf{Medical Fitness Examination}

It does not carry any marks but being medically fit for further studies is a must. The selected candidate for MSc, MPH shall have to undergo medical fitness examination by a Medical Board set up by the Institute. In case of need for further investigation, the Board may refer the candidate to other institutions. In this case, all the expenses must be borne by the candidate. If, in the assessment of the Medical Board, a candidate is found medically unfit for admission to the course, he/she will not be admitted, and the decision of the Board shall be final. In that case, in his/her place, the name of the candidate next on the merit-based waiting list will be announced for admission.

\textbf{Please note} that it takes a minimum of three days to complete Medical Fitness Examination. The PG students must take all vaccinations as advised by the Medical Board.

7. \textbf{ADMISSION}

\textbf{MSc and MPH candidate}

All successful candidates should take admission by 15\textsuperscript{th} July 2019 at 5:00 pm. The list of candidates who qualify for admission will be put up on the notice boards of the BPKIHS in Dharan.
All subsequent announcements of results for admission will be put up on the notice boards of BPKIHS, Dharan (Phone: 00977-25-530735 (Direct Line), 00977 25 525555, Ext: 2278, 5278, 5279 or 4017) and will be made available on the webpage: entrance.bpkihs.edu.

8. DATE OF JOINING

Selected candidates for MSc/MPH is required to report to the respective departments/school by 1st September (Sunday) 2019. There will be an orientation class on the 1st September, 2019. A Foundation Course shall be organized for all PG students (MSc and MPH). The participation in the foundation course is mandatory.

9. CONTRACT

Contract will be as per the rules of the Institute. The PG student must strictly adhere to the student Code of Conduct as per the rules and regulations. A candidate who has been admitted in post-graduate program of one specialty will not be allowed to change his/her subject nor will he/she be allowed to leave before completion of the course without a genuine reason. If any candidate leaves his/her course prior to its completion, fees paid for the running installment will not be refunded.

Original academic certificates of all students will be kept in the Institute and will be given back to the concerned individual only after completion of the first year.

10. FEE STRUCTURE

<table>
<thead>
<tr>
<th>S. N.</th>
<th>Particular/headings</th>
<th>Amount of fees in NPR</th>
<th>Frequency of payment</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Admission</td>
<td>4000</td>
<td>per year</td>
</tr>
<tr>
<td>2</td>
<td>Library</td>
<td>6000</td>
<td>per year</td>
</tr>
<tr>
<td>3</td>
<td>Laboratory, Computer Lab/Field Program fee</td>
<td>6000</td>
<td>per year</td>
</tr>
<tr>
<td>4</td>
<td>Student welfare fund</td>
<td>4000</td>
<td>per year</td>
</tr>
<tr>
<td>5</td>
<td>Hostel Fee</td>
<td>2000</td>
<td>per month</td>
</tr>
<tr>
<td>6</td>
<td>Hostel Maintenance Fee</td>
<td>4800</td>
<td>per year</td>
</tr>
<tr>
<td>7</td>
<td>Tuition Fee</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>a. Open (HSTFS)</td>
<td>1,50,000</td>
<td>per year</td>
</tr>
<tr>
<td></td>
<td>b. High Tuition Fee Scheme (HTFS)</td>
<td>3,50,000</td>
<td>per year</td>
</tr>
<tr>
<td>8</td>
<td>Regular Examination</td>
<td>5400</td>
<td>per year</td>
</tr>
<tr>
<td>S. N.</td>
<td>Particular/headings</td>
<td>Amount of fees in NPR</td>
<td>Frequency of payment</td>
</tr>
<tr>
<td>------</td>
<td>---------------------</td>
<td>-----------------------</td>
<td>---------------------</td>
</tr>
<tr>
<td></td>
<td>Supplementary Exam (in case of failure)</td>
<td>5400</td>
<td>per attempt</td>
</tr>
<tr>
<td>9</td>
<td>Thesis Evaluation</td>
<td>30000</td>
<td>one time</td>
</tr>
<tr>
<td>10</td>
<td>Refundable Deposits (Library, Laboratory, etc.)</td>
<td>16500</td>
<td>one time</td>
</tr>
<tr>
<td>11</td>
<td>Health Welfare Scheme Charge</td>
<td>1600</td>
<td>per year</td>
</tr>
<tr>
<td>12</td>
<td>Life Insurance Premium (Sum insured Rs. 5,00,000/-)</td>
<td>2000</td>
<td>per year</td>
</tr>
<tr>
<td>13</td>
<td>Nepal Health Profession Council Fee</td>
<td>1500</td>
<td>one time</td>
</tr>
<tr>
<td>14</td>
<td>Nepal Nursing Council Fee</td>
<td>5000</td>
<td>one time</td>
</tr>
</tbody>
</table>

**MPH candidate**

<table>
<thead>
<tr>
<th>S. N.</th>
<th>Particular/headings</th>
<th>Amount of fees in NPR</th>
<th>Frequency of payment</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Admission</td>
<td>4000</td>
<td>per year</td>
</tr>
<tr>
<td>2</td>
<td>Library</td>
<td>6000</td>
<td>per year</td>
</tr>
<tr>
<td>3</td>
<td>Field Program fee</td>
<td>6000</td>
<td>per year</td>
</tr>
<tr>
<td>4</td>
<td>Student welfare fund</td>
<td>4000</td>
<td>per year</td>
</tr>
<tr>
<td>5</td>
<td>Hostel Fee</td>
<td>2000</td>
<td>per month</td>
</tr>
<tr>
<td>6</td>
<td>Hostel Maintenance Fee</td>
<td>4800</td>
<td>per year</td>
</tr>
<tr>
<td>7</td>
<td>Tuition (differs according to seat category)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>a.</td>
<td>Open Category/ Heavily Subsidized</td>
<td>1,50,000</td>
<td>per year</td>
</tr>
<tr>
<td>b.</td>
<td>Partially Subsidized Tuition Fee Scheme (PSTFS)</td>
<td>3,50,000</td>
<td>per year</td>
</tr>
<tr>
<td>c.</td>
<td>High Tuition Fee Scheme</td>
<td>5,00,000</td>
<td>per year</td>
</tr>
<tr>
<td>8</td>
<td>Regular Examination</td>
<td>5400</td>
<td>per semester</td>
</tr>
<tr>
<td>9</td>
<td>Supplementary Exam (in case of failure)</td>
<td>5400</td>
<td>per attempt</td>
</tr>
<tr>
<td>10</td>
<td>Refundable Deposits (Library, Laboratory, Computer Lab etc.)</td>
<td>16500</td>
<td>one time</td>
</tr>
<tr>
<td>11</td>
<td>Health Welfare Scheme Charge</td>
<td>1600</td>
<td>per year</td>
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<tr>
<td>12</td>
<td>Life Insurance Premium (Sum insured Rs. 5,00,000/-)</td>
<td>2000</td>
<td>per year</td>
</tr>
<tr>
<td>13</td>
<td>Nepal Health Profession Council Fee</td>
<td>2000</td>
<td>one time</td>
</tr>
</tbody>
</table>

Please note the following additional rules:

1. The Senate (the Governing Body of the University) may change or review the fees & expenses.
2. Tuition Fee can be paid in three equal installments, the first being paid at the time of admission, and remaining installments at intervals not exceeding four months thereafter. All other fees should be paid at the time of admission. The last date of payment of fees must be strictly
adhered to. No extension is possible unless an exceptional case by prior approval from the Registrar not extending a period of 15 days from the last date with payment of fine Rs. 100/- per day. For further delay after 15 days the following fine shall be imposed:

- For Open Category: Rs. 150/- per day
- For PSTFS: Rs. 200/- per day
- For HTFS: Rs. 500/- per day

3. Students not paying fees on time will not be allowed to sit in annual examination. Admit card for such students will not be issued.

4. Health Insurance and life insurance is compulsory. The premium may vary each year.

5. Students who are required to appear in the supplementary examination have to pay examination fee as mentioned above.

Note: All the Post Graduate students get one-time thesis grant of Rs 5,000 (MSc /MPH students).

11. CANCELLATION OF ADMISSION/ LEAVING THE COURSE

Candidates who give written confirmation of program/category for admission must deposit the required original certificates immediately after the counseling.

1. After completing the admission process, if a candidate wishes to cancel his/her admission before the start of the course, he/she will be refunded the fees after deducting 50% from the first installment. The deposit will be refunded.

2. After the start of the course, if a candidate wishes to cancel his/her admission within 30 days, s/he will not be refunded the fees paid for the first installment. The deposit will be refunded.

3. Candidates who want to leave the course after 30 days will not be refunded the first installment. S/he will have to pay additional Rs. one lakh as penalty to get back the deposited certificates. The deposit will be refunded.
12. DURATION OF THE COURSE
The MSc Nursing and MPH programs are of 2 years duration. The MSc (Basic Sciences) course is of 3 years duration. The maximum limit to complete the PG course in all the PG programs (MSc, MPH) should not exceed 6 years from the date of the start of the course.

13. DUTIES AND RESPONSIBILITIES
Depending on the curriculum, apart from the teaching/learning activities, MSc and MPH students shall be engaged in the research work under the supervision of faculty members. They will also be posted in the teaching hospital laboratories/or teaching district hospitals and other hospitals wherever curriculum demands.

14. THESIS
MSc (Basic Sciences) candidate must complete thesis by the end of second year of the course. Thesis completion with its approval is a prerequisite to be eligible to sit in final examination. Thesis protocol (proposal) should be submitted by 6 months after admission in the course. No extension of time will be granted. The thesis of the MSc candidate, who is not able to submit by the stipulated time, will not be sent for evaluation for the purpose of next scheduled examination.

MSc Nursing and MPH thesis is considered as one of the regular subjects and carries marks. A time slot is given to the student for preparing thesis protocol (6 months) and writing and submitting the thesis. Thesis must be completed and submitted by the end of 18 months of course.
## 15. GLIMPSE OF CURRICULA / Final University Examination

### a. MSc Basic Sciences program

<table>
<thead>
<tr>
<th>Papers</th>
<th>Specification</th>
<th>Exam type</th>
<th>Type of questions</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Basic medical science applied to particular discipline</td>
<td>Theory</td>
<td>Structured long, semi-long, &amp; short answer questions, modified essay question or problem solving exercises, three types of multiple choice questions (single best response, true/false, assertion reason)</td>
</tr>
<tr>
<td>2</td>
<td>Specific discipline</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>Specific discipline</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>Recent advances applicable to the discipline</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Practical</td>
<td>Short and long case(s) &amp; /or lab exercises depending on discipline</td>
<td>Practical and viva</td>
<td>Short and long case(s) &amp; /or lab exercises depending on discipline plus OSPE/OSCE, OSLER and viva</td>
</tr>
</tbody>
</table>

### b. MSc Nursing program

<table>
<thead>
<tr>
<th>Papers</th>
<th>Specification</th>
<th>Exam type</th>
<th>Type of questions</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Nursing Concepts, Principles and Practice</td>
<td>Theory</td>
<td>Structured long, semi-long, &amp; short answer questions, modified essay question or problem solving exercises, three types of multiple choice questions (single best response, true/false, assertion reason)</td>
</tr>
<tr>
<td>2</td>
<td>Educational Science</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>Health Management and leadership</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>Specific Discipline</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>Research and Biostatistics</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Practical</td>
<td>Short and long case(s) &amp; /or lab exercises depending on discipline</td>
<td>Practical and viva</td>
<td>Short and long case(s) &amp; /or lab exercises depending on discipline plus OSPE/OSCE, OSLER and viva</td>
</tr>
</tbody>
</table>
c. MPH

<table>
<thead>
<tr>
<th>Papers</th>
<th>Specification</th>
<th>Exam type</th>
<th>Type of questions</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Basic medical science applied to particular discipline</td>
<td>Theory</td>
<td>Structured long and short answer questions, modified essay question or problem solving exercises, three types of multiple choice questions (single best response, true/false, assertion reason)</td>
</tr>
<tr>
<td>2</td>
<td>Specific discipline</td>
<td>Practical</td>
<td>Short and long case(s) &amp; /or lab exercises depending on discipline plus OSPE/OSCE, OSLER and viva</td>
</tr>
<tr>
<td>3</td>
<td>Specific discipline</td>
<td>Practical</td>
<td>Short and long case(s) &amp; /or lab exercises depending on discipline plus OSPE/OSCE, OSLER and viva</td>
</tr>
<tr>
<td>4</td>
<td>Recent advances applicable to the discipline</td>
<td>Practical</td>
<td>Short and long case(s) &amp; /or lab exercises depending on discipline plus OSPE/OSCE, OSLER and viva</td>
</tr>
</tbody>
</table>

16. GENERAL GUIDELINES FOR FINAL UNIVERSITY EXAMINATION

a. MSc Basic Science / MSc Nursing Programs

1. PG student will be continuously evaluated throughout the course.

2. PG Student is required to maintain logbook/portfolio (which carries marks) throughout the course.

3. The final examination, which will be held within 34-36 months, shall consist of theory, practical & viva.

4. The theory examination will consist of four to five papers as per table in page no. 19.

5. The theory papers will consist of Multiple Choice Questions (MCQs), Short Answer Questions (SAQs), Modified Essay Questions (MEQs) or Problem Solving Exercises (PSEs) and Structured Long Answer Questions (SLAQ).

6. Practical examination will be conducted by the concerned department, and would include short, semi-long and long cases, VIVA and OSCE/OSPE.

7. Two internal assessments will be conducted by the concerned department, first in 1½ year and the second in 2½ years. For MSc Nursing course, two internal assessments will be conducted by the concerned department, first at the end of 9 months and the second at the end of 18 months of the course.
8. PG student will be given only one chance for appearing in the internal assessment. The internal assessment will not be a barrier to appear in the final examination. The contribution of internal assessment & annual examination to the final assessment will be 30% & 70% respectively. The 30% marks comprise: 10% from the first internal assessment; 10% from the second internal assessment; and 10% from the logbook/portfolio assessment. Separate re-internal assessment for failures in the final assessment will not be taken. In that case, the re-examination (supplementary final examination) will carry 100% marks.

9. The PG student must maintain the record of their teaching/learning activities in their logbook/portfolio, which is regularly evaluated by respective PG Program In-charge/head of the department.

10. Supplementary final examination will be held after six months of the final examination.

11. The overall assessment of PG student will be declared after the final assessment, which consists of 30% internal assessment and 70% annual examination. For successful completion of the program a student must secure at least 50% marks both in practical & theory separately, complete the official academic duration, approval of submitted thesis, and show appropriate professional behavior.

b. MPH

1. MPH student will be continuously evaluated.

2. There will be 30% internal assessment and 70% final examination for all theory papers and practical.

3. There will be an internal assessment at the end of each year.

4. There will be final examination at the end of two years. It will include theory papers, practical, thesis, viva.

5. Thesis protocol should be submitted by 6 month of completion. Duly completed thesis has to be submitted by the end of 18 months of the course. It carries marks as one of the subjects. If there is a failure to comply this rule, the candidate has to repeat the course for another 6 months.
17. LEAVE RULES & REPETITION OF THE COURSE

MSc student

80% of all classes must be attended to be eligible for appearing in the final examination.

In case of inability to submit thesis on time or a candidate failing in final examination, a student has to repeat the course for 6 months. Such student will not be allowed to appear in the regular final examination, and will have to appear in the Supplementary Examination after 6 months provided all other requirements be met. Final decision will rest upon the Office of the Rector. However, the Examination Section will decide the examination dates. Such candidate is required to vacate the hostel accommodation. They have to pay examination fees as mentioned in the respective section of this prospectus.

MPH student

80% of all classes must be attended to be eligible for appearing in the final examination. In case of failure in the final examination or inability to submit the thesis on time, a 6-month repetition will have to be made. Final decision will rest upon the Office of the Rector. In case of repetition of the course due to above-mentioned or any other reason, the candidate has to pay fee for the period (including of library, laboratory, student welfare, tuition, hostel & its maintenance fee and examination fee). In the year of repetition, the candidate has to get his/her health insured comprehensively.

Repeating student shall pay fees as follows (applicable to all programmes):

1. Tuition Fee: 15% of the total tuition fee of the period being repeated i.e. either 6 months or 1 year as the case may be.
2. All other fees: 100% as mentioned in the prospectus

18. ACCOMMODATION

For MSc or MPH students, accommodation will be provided on the basis of availability and on sharing basis. Fees will be charged after allotment of rooms.
19. HEALTH WELFARE SCHEME AND LIFE INSURANCE

Candidate admitted in any of the courses will have to get themselves enrolled in health welfare scheme. They will have to renew their health welfare scheme every year during their whole study period in BPKIHS. The student must make sure that they comply with the directives of the welfare scheme.

In addition to the health welfare, all students will be required to get life insurance which will cover only the study period for an amount of Rs 5,00,000. The students will have to renew the life insurance policy every year.

20. LIBRARY

The Central Library is well-equipped and resourceful maintaining relevant collection of medical books, electronic journals and other resources. It is providing services for 15 hours a day from 8:00 am to 11:00 pm (Sunday – Thursday). On Fridays, it opens from 8:00 am to 1:00 pm and on Saturdays, from 8:00 am to 6:00 pm except on public holidays. The essential international and Indian medical journals are being subscribed to the Central Library annually. Apart from these resources, approximately 14000 titles of biomedical health sciences free full text e- journals, books, Cochrane and essential databases are accessible from WHO/HINARI. The Annual Reviews on various disciplines are also made freely available to the users. The Electronic Information Services (EIS) has been upgraded in library by enabling access to online resources through personal device i.e. laptop, notebook via Wi-Fi connection. Desktop computers are also installed to assist users. Each department has its own Departmental Library with essential collection of books and journals, which is updated regularly.

The library has set up its own dedicated server for searching library collections and providing free full text access to all e-resources available through HINARI, Annual Reviews, Open Access Journals. Digital Library, useful links and relevant resources are also facilitated through a single platform, E-library, which is made accessible from the IP address/URL http://elibrary.bpkihs.edu:8000 within the BPKIHS Networking/LAN Networking. In addition to these, the Library is conducting various activities to enhance the knowledge and skills of users for literature search, electronic information access and so on.
21. ENTRANCE EXAMINATION COMMITTEE

The Entrance Examination Committee of the institute governs selection of candidates for admission to all academic programs. The Committee invites and receives applications, screens eligibility, rejects applications not meeting the eligibility criteria, fixes examination date, time and its centers, conducts entrance examinations, publishes results, and recommends admission of successful candidates. The Committee also reserves the right of cancellation of admission of any candidate, if, after inquiry it is proved that the information provided by the applicant is false. The decision of the Entrance Examination Committee shall be final and binding.

Note:
1. During the examination/before/or later, if a candidate is found indulging in any unfair means, he/she shall be deemed to have used unfair practice at the examination. Such candidates would be expelled and debarred from taking the examination in future too and shall also be liable for criminal action and/or any other action deem fit by the institute.

2. The seats for all the MSc and MPH program offered by B. P. Koirala Institute of Health Sciences, is based on merit in the Entrance Examination. The institute has no agents or middlemen for admissions.

3. The Entrance Committee will make all efforts to avoid mistakes while preparing and publishing results but the Committee or the Institute will not be responsible for inadvertent mistakes incurred due to human error. The Entrance Committee also reserves the right to correct mistakes if they are found at any point of time.

4. Any attempt on the part of the candidate to influence the process of admission directly or indirectly will be treated as a disqualification.
Dharam is a lovely town situated at the foothill of Siwalik/Chure Mountains in the Eastern Region of Nepal. This town is one of the most important industrial, economic and educational centers in the region and a gateway to the eastern hills & mountains of Nepal. Dharam has climate and vegetation a mixture of tropical and sub-tropical. It has very pleasant weather throughout the year. The summer is warm having a maximum average temperature 32°C and the winter very pleasant having a minimum average temperature 10°C.

The population of Dharam Sub-metropolitan is 1,16,181 (Male-54599, Female-61582; Census 2068 BS) having mixed ethnicity and religion. The cultural diversity is another important aspect of Dharam.

Dharam is connected with a domestic airport in Biratnagar few km north from Indian state of Bihar, about 40 km south (1 hour drive) from Dharam. The same road continues to north connecting Bhedetar (a hill station ½ hour drive from Dharam), Dhankuta (about 52 kilometers further north), Hile and Basantapur. Dharam is easily approachable from Bagdogra Airport, Siliguri and New Jalpaiguri in West Bengal, Katihar and Jogbani in Bihar. Trip to Dhankuta, Hile and Basantapur would definitely be a remarkable one for anyone to see picturesque mountains of the Himalayan ranges. The panoramic views of the majestic mountains and the Himalayas seen from Hile & Basantapur will never be enough to anyone who loves nature.

Dharam is a heritage of Hindu and Buddhist pilgrims; there are Mosques and Churches as well. Barahakshetra, Bishnupaduka, Dantakali, Pindeshwar, Budha Subba and Panchakanya temples are the famous Hindu holy places one should not miss to visit.
Techniques for filling Name, Roll Number, Course Applied for and Answer in the Answer Sheet

B.P. Koirala Institute of Health Sciences
Dharan, Nepal

Entrance Examination for MSc Anatomy

NAME: ANUVA RAI

ROLL NUMBER

1 1 2 3 9 9

ANSWER SHEET NO.

NAME OF EXAMINATION CENTRE

DATE OF EXAMINATION: 27/06/2019

IMPORTANT

1. Use only BLACK BALL PEN for writing/marking.
2. Write Roll Number in digits in the boxes like this:
3. Also mark on the corresponding number, like this:

USE ONLY BLACK BALL PEN FOR MARKING

1 2 3 4 5

31 32 33 34 35

61 62 63 64 65